Mon Health
Preston Memorial Hospital

150 Memorial Drive Kingwood, WV 26537

Café 150 Menu

* Denotes Healthier Choice
Calories noted in red.

Lunch 11:15-1:30

April 22, 2024		April 23, 2024		April 24, 2024		April 25, 2024		April 26, 2024	
Monday		**Tuesday**		**Wednesday**		**Thursday**		**Friday**	
Stuffed Cabbage/210	$2.50	Chicken Alfredo/831	$2.50	Baked Potatoes */161	$1.00	Spaghetti /½ cup-110	$1.50	Country Fried Steak	$3.00
Duchess Potatoes/ 1/2 cup 144	$1.00	w/Noodles	$3.00	w/Cheese /¼ cup -40	$1.75	w/Sauce /½ cup-70	$2.75	w/Gravy /214	$3.50
Broccoli*/40	$0.95	Italian Blend /142	$0.95	w/Broccoli */40	$1.75	4 Meatballs / ½ cup/300	$3.75	Mixed Veggies*/51	$0.95
Herb SeasonedChicken/220	$2.50	Fish Fillet Sandwich/365	$2.25	w/Cheese & Broccoli /80	$3.50	Breadsticks / 140 each	$0.50	Loaded Mashed Potatoes/150	$1.10
		Fish Fillet /260	$2.00	Chicken Nuggets	$0.50	3 w/ sauce / 490	$1.75	Chicken Salad Croissant/268	$2.50
				6 Nuggets/327	$2.80	Broccoli & Cauliflower / ½ cup	$0.95		
Cheesy Broccoli Soup*/219	$1.50	Loaded Potato Soup /273	$1.50	Chili /250	$1.60	Vegetarian Veg. Soup */51	$1.50	Tomato Soup*/90	$1.10

Dinner 5:15-6:00

Monday		Tuesday		Wednesday		Thursday		Friday	
Baked Pork Chops/236	$2.25	Country Fried Steak /250	$3.00	Chicken Tenders/200	$0.80	Battered Dipped Fish /240	$2.00	Chargrilled Chicken */286	$2.40
Loaded Mashed Pot. / ½ cup 161	$1.10	Seasoned Fries /365	$1.25	Macaroni & Cheese/210	$1.25	Garden Rice /½ cup-100	$0.95	Chargrilled Chicken Sandwich	$2.65
California Veg.*/95	$0.95	Corn /59	$0.95	Mixed Vegetables */59	$0.95	Mixed Veg */1/2 c - 25	$0.95	Mashed Potatoes */85	$1.10
		Whipped Potatoes */85	$1.10			Wings 5 each /450	$3.00	Peas & Carrots */70	$0.95
Tuna Salad Sandwich	$2.50	Country Gravy /90	$0.50						
White /260 Wheat /230									